# Performance Engineered Mixtures

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# Outline

- What is PEM?
- Specifying a Better Mixture
- Testing for Critical Properties
- PEM and Preservation



#### What is PEM?

#### A Better Concrete Pavement Mixture Specification

- Understand what makes concrete "good"
- Specify the critical properties and test for them
  - Adaptable to local materials and climates
  - Test results are related to long-term performance
- Prepare the mixtures to met those specifications

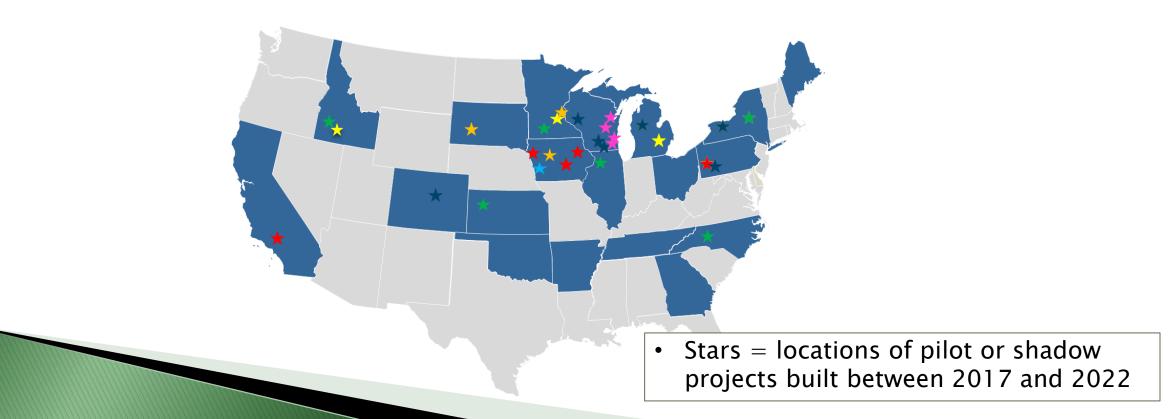
Standard Practice for				
Developing Performance Engineered Concrete Pavement Mixtures				
AASHT	D Designation: R 101-22 <sup>1</sup>			
Adopted: 2	022			
Technic	al Subcommittee: 3c, Hardened Concrete			





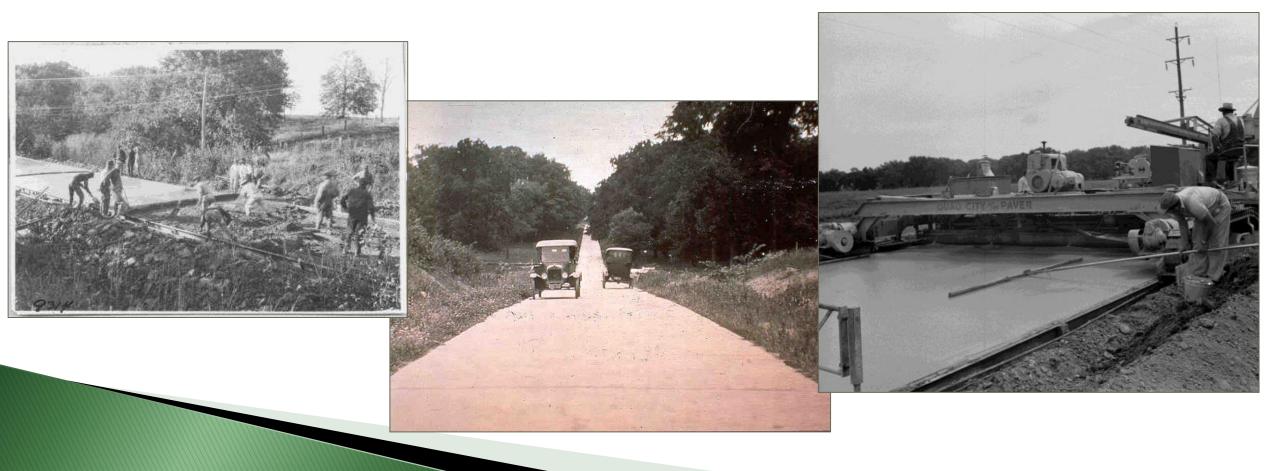
# **PEM Pooled Fund Study**

- Led and supported by 19 state DOTs, industry associations, three universities, and other researchers around the U.S.
- Final report was published earlier this year



## Why PEM?

We've been building concrete pavements in the U.S. for more than 130 years...



## Why PEM?

#### …and a lot has changed!



# **Evolution of Concrete Materials**

	1960s	2020s		
Ingredients	Cement, water, rock, sand, AEA	Add SCMs, Non- Portland cements, admixtures, intermediate aggregates, limestone		
Opening Time	Weeks	Days (or hours)		
Curing Time	Weeks	Days		
De-icing	Sand, NaCl	Other chlorides, formates, acetates		
Design life	20 years	50 years		
Knowledge base	In-house	Contracted out		

# **Evolution of Concrete Testing**

Slump Cone Slump Cone I Slum

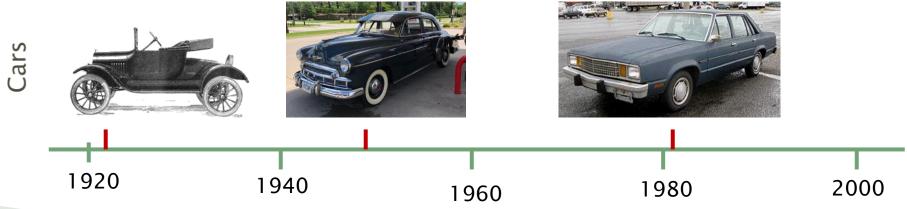


Pressure Meter

1949 ASTM C231 Rapid Chloride Permeability Test

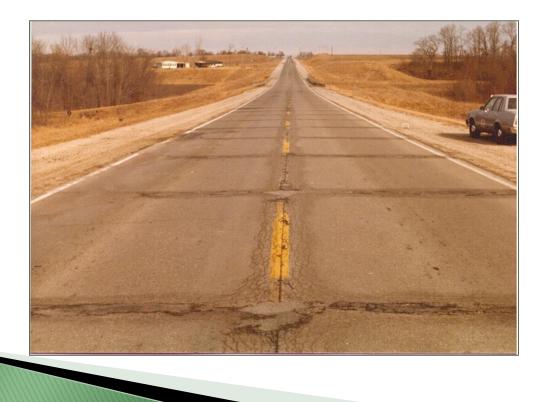


1981 AASHTO T277



#### Motivation

Despite advances in concrete materials and construction, our specifications don't always deliver the longevity we expect:



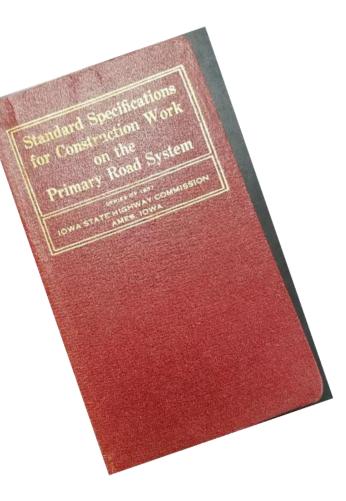


# **Traditional Specifications**

#### Slump

- Doesn't measure quality
- No correlation with durability
- Air Content
  - Doesn't fully characterize the system
- Strength
  - No correlation with durability

We have to do better to ensure durability!



# The Long–Term PEM Vision

#### Concrete that delivers what is needed:

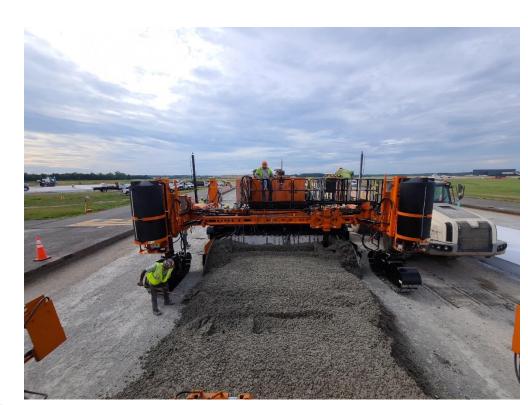
- Longevity
- Efficiency
  - Cost
  - Environmental impacts
- Reliability
  - Quality
  - Identify mistakes early



#### Specifying a Better Mixture

# The Mixture

- Require the things that matter:
  - Transport properties/permeability (everywhere)
  - Aggregate stability (everywhere)
  - Strength (everywhere)
  - Cold weather resistance (cold climates)
  - Shrinkage (dry climates)
  - Workability (everywhere)



## The Mixture

• Connecting design goals to concrete mixture design:

- Paste quality
- Aggregate system

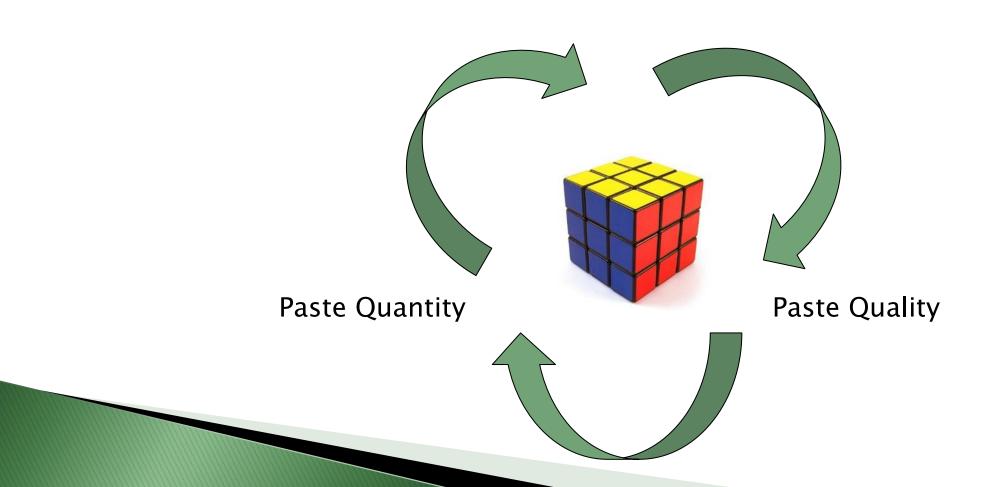
(Paste = cement + SCMs + water)

• Paste quantity

		Workability	Transport	Strength	Cold weather	Shrinkage	Aggregate stability
Aggregate System	Type, gradation	~~	-	-	-	-	~ ~
Paste quality	Air, w/cm, SCM type and dose	~	√ √	<b>√ √</b>	<b>~ ~</b>	~	~
Paste quantity	Vp/Vv	~	-	-	-	<b>√ √</b>	-

#### **Designing the Mixture**

Aggregate system



# Paste Quality

- A high-quality paste phase is less permeable and thus less susceptible to freeze-thaw damage and other forms of deterioration
  - $^\circ\,$  Low w/cm: 0.38 to 0.42
  - Use SCMs like fly ash and slag
  - Air void system
    - 5%+ in-place
    - Well-spaced
    - Stable

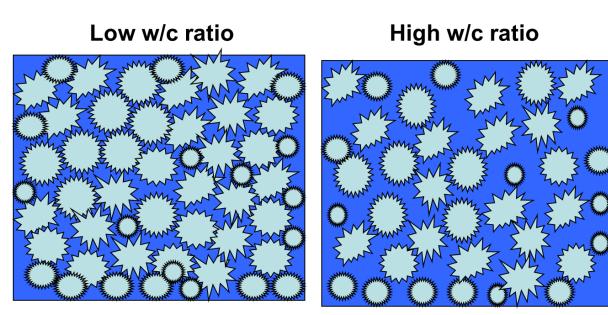
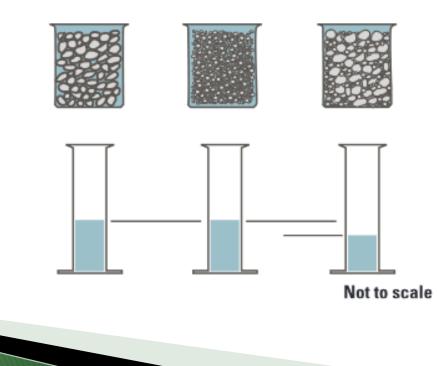


Image: Todd Hanson, Iowa DOT

## Aggregate System

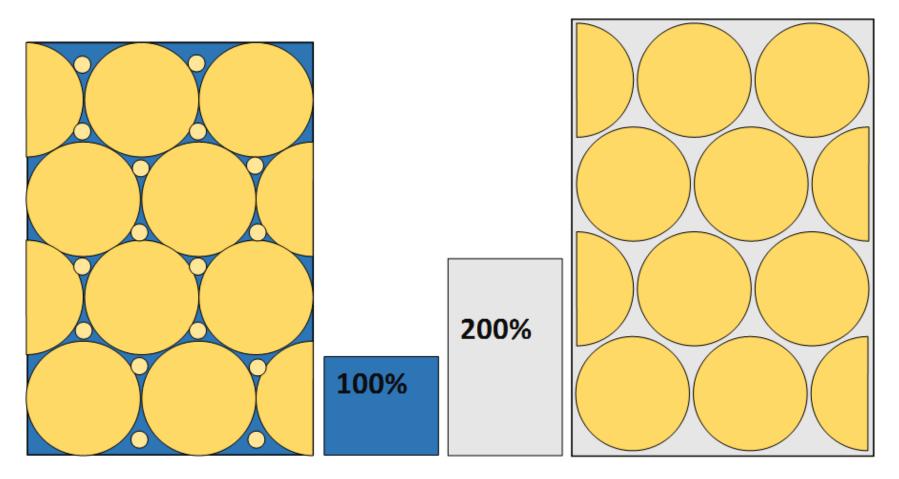
- We need enough paste to fill in the gaps between aggregates, plus a bit more for workability
- A well-graded aggregate system allows us to optimize the amount of paste needed



## Paste Quantity

- Optimizing paste content:
  - Depends on aggregate type, gradation, and binder constituents
  - We need enough paste to achieve workability
  - Too much paste can have negative effects on permeability, shrinkage, and cost
- Avoid the misconception that we need more cement or paste for strength!
  - Designing pavement mixtures for durability will give us the required long-term strength

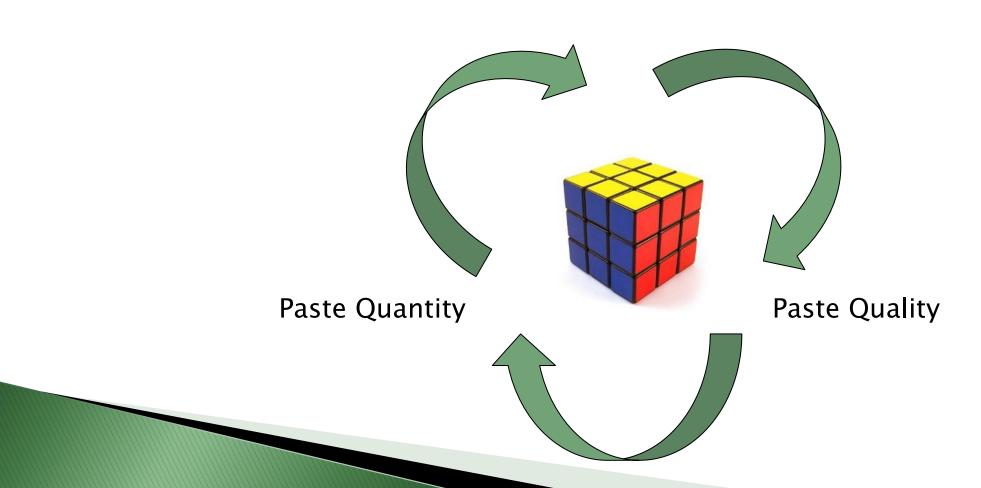
#### **Designing the Mixture**



Adding intermediate aggregates  $\rightarrow$  less paste is required

#### **Designing the Mixture**

Aggregate system



# **PEM and Sustainability**

- PEM principles align nicely with reduction of concrete's embodied carbon footprint
  - Well-graded aggregate system
  - Optimized paste content
  - SCM replacement of cement
  - All changes that can be made today!

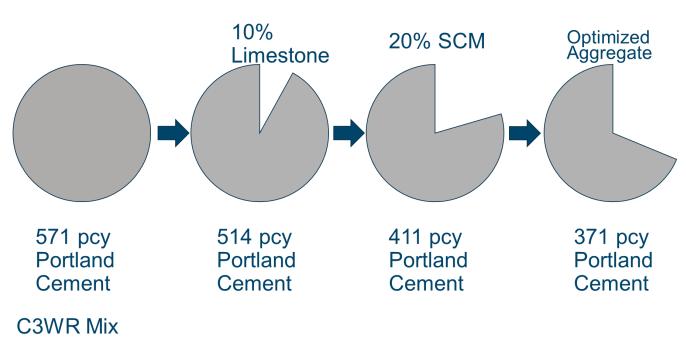


Image: Todd Hanson, Iowa DOT

# **PEM and Sustainability**

- PEM also provides a methodology for evaluating the next generation of materials and methods for reducing carbon
  - Harvested fly ash
  - Calcined clay
  - Natural pozzolans
  - Geopolymers
  - Ground glass
  - Carbon uptake







# **Testing for Critical Properties**

## Next Generation of Test Methods

 Specify test methods that measure the properties critical to long-term performance and durability



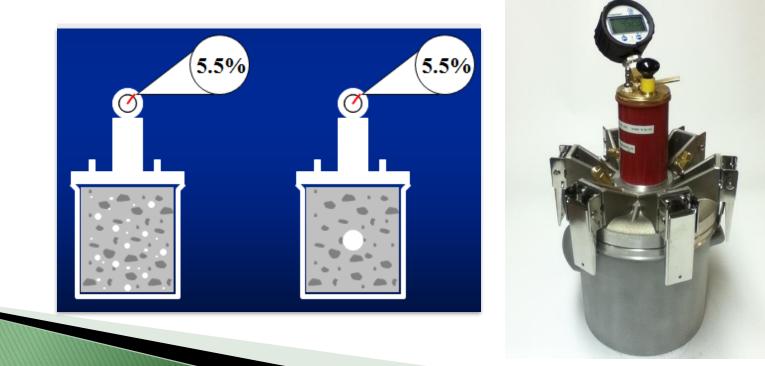






## Air Void System

- Air meters only measure the total air content even though the air void spacing is also crucial to resist freeze-thaw damage
- The Super Air Meter can characterize air void spacing in fresh concrete



# Workability

- The slump test doesn't tell us much about how the mixture responds to vibration
  - These two mixes had the same slump:



# Workability

#### • Box Test:





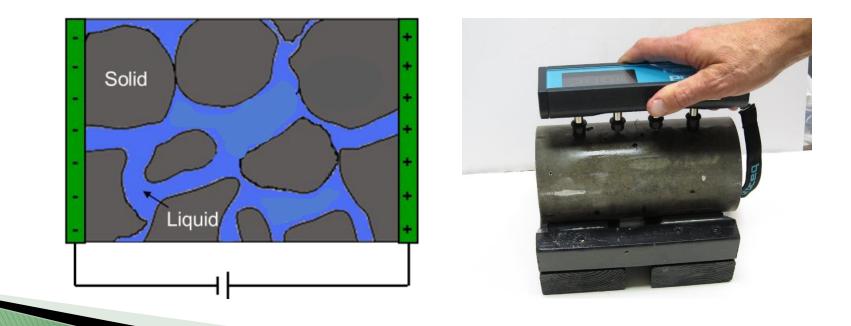
4	3
Over 50% overall surface voids.	30-50% overall surface voids.
2	1
10-30% overall surface voids.	Less than 10% overall surface
	voids.
	A A A A A A A A A A A A A A A A A A A





#### **Transport Properties – Permeability**

- How easily can water move through the concrete?
  - Water is part of nearly all types of durability-related problems
- Water is much more conductive than solid concrete, so we can use electrical resistivity to characterize permeability



# **Performance Specifications**

- As new and better test methods are adopted, they can be applied to both agency acceptance and contractor QC programs
- Allows for evolution of specification to remove prescriptive constraints
  - Leverage QC
  - Maximum ability for innovation
  - More efficient use of agency resources

Standard Practice for
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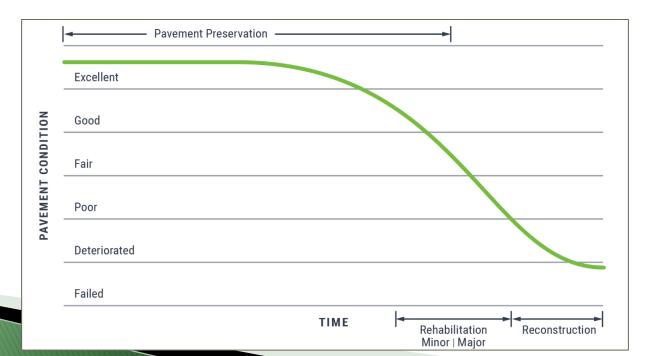


Adopted: 202

American Association of State Highway and Transportation Officials 555 12<sup>th</sup> Street NW, Suite 1000 Washington, DC 20004



- The PEM program and the concept of pavement preservation share many of the same goals:
  - Extend pavement service life to major rehabilitation or reconstruction
  - Maintain pavements in good functional condition
  - Build and manage pavements in a more sustainable fashion



Some durability-related failures can only be fixed through more significant rehabilitation or reconstruction



- Durability problems can also interfere with or reduce the effectiveness of preservation treatments
  - US 20, Hamilton County, Iowa:



- Durable concrete pavements can help make pavement preservation easier and more successful
  - Easier to focus on functional issues (e.g. roughness, faulting, cracking)
  - Potentially a larger window to perform preservation treatments
  - When the concrete materials are in good condition, easier to maximize the life and effectiveness of preservation treatments



- ► I-80, Adair County, Iowa
  - 10" PCC pavement constructed in 1979
  - Diamond Ground in 2020
    - Little cracking, faulting, or joint spalling
  - 2022 Condition
    - PCI = 88/100
    - IRI = 96 in./mi

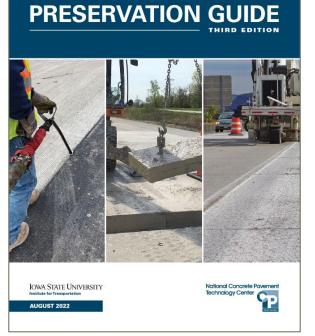


- Together, PEM and pavement preservation can combine to greatly reduce emissions associated with concrete pavements
  - Embodied carbon emissions reduced through lower CO2 impacts of mixtures and materials
  - Use phase emissions reduced by maintaining pavement in good condition and extending service life



#### Thank You!





**CONCRETE PAVEMENT** 

#### Performance-Engineered Concrete Paving Mixtures

Final Report December 2022



IOWA STATE UNIVERSITY

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cptechcenter.org/performance-engineered-mixtures-pem/